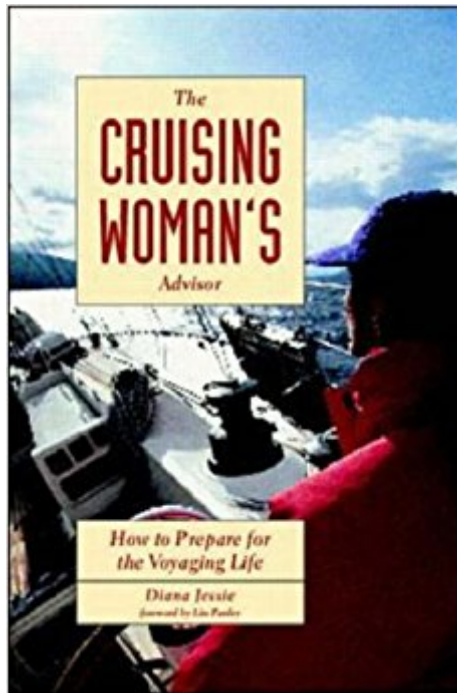




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# The Cruising Woman's Advisor: How To Prepare For The Voyaging Life



## Synopsis

For a woman considering the cruising lifestyle, the questions are endless. What is cruising really like? Can I do it? Will I like it? will it be horrible, or wonderful? Longtime sailor and circumnavigator Diana Jessie provides advice to women contemplating short-term cruising or long-term voyaging. She gives unique insights into a plethora of women's concerns, including: Why We Go . . . Cruising Roles and Relationships . . . The Right Boat . . . What Do I Need to Learn? . . . If My Partner Falls Overboard, How Do I Rescue Him? . . . Learning for Independence . . . Fearing the Weather Ahead . . . Isn't It Dangerous Out There? . . . Medical Preparation and Planning . . . Children On Board . . . Family Issues and Events . . . Staying in Touch . . . Career Planning and Employment . . . Bathing, Hair Care, Skin Care, Clothing . . . Sex at Sea . . . Provisioning for Cruising To provide a broad perspective, Diana Jessie includes the opinions of noted women cruisers, including: Barbara Merritt, contributing editor of Cruising World magazine; Lin Pardey, longtime cruiser and author of several cruising books; Dawn Riley, noted America's Cup and Whitbread sailor; Patience Wales, two-time circumnavigator and editor of SAIL magazine; plus seventeen other women, from novices to world-renowned sailors.

## Book Information

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## Customer Reviews

"The information Diana offers is not only useful and accurate, it also stresses an often ignored fact. . .cruising is a participation sport. The more both partners get involved, the larger the rewards."  
(Pardey, Lin)

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The only thing missing in this book is more pages!!! This isn't a "How to Sail" book. As a would be cruiser, Diana Jessie answered many of my questions that are not addressed in other cruising books. The topics aren't just for women either. She discusses every day events that are encountered in the cruising lifestyle such as: how to dispose of trash, how you interact daily with your crew and with other boats, how to make the adjustment, and much more. My only regret is that she didn't go into more detail. She utilized the experiences of 21 participants, experienced women cruisers/sailors, for the research and background of the book. Great job and good reading!

kind of boring

Great seller A+++

For anyone interested in the cruising lifestyle, there are far better books to read, for instance "The Voyager's Handbook: The Essential Guide to Blue Water Cruising by Beth A. Leonard". The only book written for women by women that I found was worth reading and hi-liting was the "Seven Seas Cruising Association Women Aboard" book. All other books written in the "sailing for women" genre are basically filled with sailing information found in ANY sailing book. IMO, don't be fooled into

thinking women have anything more profound to share or any super secrets in a Women's sailing guide....sailing is sailing, cruising is cruising, no matter the gender. Beware of Captain Blighs and Bow Bimbos no matter WHAT!

Anyone even thinking of going cruising with your significant other must read this book. I purchased this book for my wife who has some serious doubts about long term cruising. Diana Jessie does a wonderful job answering all the questions I know my wife is concerned about. I read this book so that I could better understand what her concerns may be. Diana Jessie has a wonderful writing style and she really gets at the heart of an issue. I really enjoyed reading this book and can't wait for my wife to do the same.

I bought this for my partner and myself. I read it first, and I was impressed with the authors ability to capture the big picture of getting ready to actually cruising. I have read many books on how to, but I found it wonderfully refreshing to paint the view from a women's perspective and stay more general. I gathered that is one of the authors points in the way men and women may learn to sail and cruise. I thought the book touched on many of the real life issues for couples.

I borrowed this book from a friend, and while it was interesting, I certainly wouldn't want to keep it around for a reference. My main objection to this book is that it really only addresses the experience of women who go cruising with a husband or boyfriend, and where he is the main motivator, captain, etc. I would have also liked to see some discussion of the experiences of women cruising alone or with other women - I know there are some. A lot of the content of the book was very simple, common-sense advice. Maybe it is most useful as a pointer to other resources.

Given the editorial reviews as well as the list of contributors, I purchased this book for my cruising partner. We were both surprised by the lack of original thought as well as the superficiality of the coverage. Not recommended for anyone but the most inexperienced sailors.

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